

**Leisure and Cultural Services Department  
Community Recreation and Sports Programme  
Monthly Programmes for Oct 2022**

**Islands District**

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting)	Enrolment Method
								{ Open Enrollment for Remaining Quota }	
<b>Breaststroke TC for Adult (Level II)</b>									
40636866 (IS0573)	10/10-31/10	M,W,F	9:00-10:00	Tung Chung SP (Training Pool)	18+	100	20	25/8-31/8 (7/9) {29/9}	✉
<b>Breaststroke TC for Adult (Level I)</b>									
40636864 (IS0572)	10/10-31/10	M,W,F	8:00-9:00	Tung Chung SP (Training Pool)	18+	100	16	3/9	🖨️ i
<b>Front Crawl TC for Adult (Level I)</b>									
40636869 (IS0574)	10/10-31/10	M,W,F	9:00-10:00	Tung Chung SP (Training Pool)	18+	100	16	3/9	🖨️ i
<b>Front Crawl TC for Adult (Level II)</b>									
40636873 (IS0575)	10/10-31/10	M,W,F	8:00-9:00	Tung Chung SP (Training Pool)	18+	100	20	25/8-31/8 (7/9) {29/9}	✉
<b>Children Dance Training Course</b>									
40636685 (IS1164)	15/10-17/12	Sa	10:00-12:00	Praya ST. SC	4-11	60	20	15/9	🖨️ i
40636749 (IS0343)	29/10-31/12	Sa	13:00-15:00	Mui Wo SC	4-11	60	20	29/9	🖨️ i
<b>Chinese Dance Fun Day</b>									
40636675 (IS1161)	9/10	Su	15:00-17:00	Cheung Chau SC	12+	Free	30	9/9	🖨️ i
<b>Chinese Dance Training Course</b>									
40636687 (IS1165)	16/10-18/12	Su	15:00-17:00	Cheung Chau SC	12+	45	30	25/8-31/8 (7/9) {29/9}	✉
<b>Jazz Training Course</b>									
40636695 (IS1169)	27/10-5/1 (excl. 22/12)	Th	19:15-21:15	Praya ST. SC	12+	70	20	27/9	🖨️ i
<b>Social Dance Fun Day</b>									
40636670 (IS1159)	8/10	Sa	19:45-21:45	Cheung Chau SC	14+	Free	30	8/9	🖨️ i
<b>Social Dance Training Course</b>									
40636693 (IS1168)	27/10-26/11	Th,Sa	19:45-21:45	Cheung Chau SC	14+	86	30	27/9	🖨️ i
40636723 (IS1603)	19/10-21/12	W	20:00-22:00	Tung Chung Man Tung RD. SC	14+	86	30	25/8-31/8 (7/9) {29/9}	✉
<b>Mt Pts - Tai Chi</b>									
40636855 (IS0984)	24/10-16/1 (excl. 26/12,2/1)	M	9:00-10:30	Tung Chung North Park AR	6+	Free	20	24/10-16/1	Walk-in
<b>Tai Chi Made Easy Course</b>									
40636843 (IS0981)	6/10-1/11	Tu,Th,Sa	7:30-8:30	Badminton Court,Fu Tung Est,Tung Chung	6+	54	18	6/9	🖨️ i
<b>Western Folk Dance TC</b>									
40636715 (IS1596)	9/10-11/12	Su	16:00-18:00	Tung Chung Man Tung RD. SC	8+	45	30	9/9	🖨️ i
<b>Yoga Training Course</b>									
40636672 (IS1160)	9/10-11/12	Su	8:50-10:50	Cheung Chau SC	15+	85	30	9/9	🖨️ i
<b>Briefing on Proper Ways to Use Fitness Equipment</b>									
40636711 (IS1592)	2/10	Su	13:00-16:00	Tung Chung Man Tung RD. SC	15+	Free	25	25/8-31/8 (7/9) {29/9}	✉
40636739 (IS0334)	9/10	Su	14:00-17:00	Peng Chau SC	15+	Free	18	25/8-31/8 (7/9) {29/9}	✉
40636744 (IS0339)	16/10	Su	14:00-17:00	Mui Wo SC	15+	Free	18	25/8-31/8 (7/9) {29/9}	✉
<b>Badminton Fun Day</b>									
40629131 (IS1508)	9/10	Su	14:00-16:00	Peng Chau SC	6+	Free	16	9/9	🖨️ i
<b>Badminton Training Course</b>									
40636745 (IS0340)	29/10-31/12	Sa	19:00-21:00	Mui Wo SC	7+	118	16	29/9	🖨️ i
<b>Tennis Training Course</b>									
40636812 (IS0781)	9/10-11/12	Su	9:00-11:00	Cheung Chau Park TC	8+	170	12	25/8-31/8 (7/9) {29/9}	✉
40636814 (IS0782)	9/10-11/12	Su	11:00-13:00	Cheung Chau Park TC	8+	170	12	25/8-31/8 (7/9) {29/9}	✉
<b>Soccer Fun Day</b>									
40636708 (IS1291)	22/10	Sa	14:00-16:00	Tung Chung PG Soccer Pitch	6+	Free	20	22/9	🖨️ i
40636710 (IS1292)	22/10	Sa	16:00-18:00	Tung Chung PG Soccer Pitch	6+	Free	20	22/9	🖨️ i
<b>IsD Mini Soccer Competition - Cheung Chau</b>									
40636817 (IS0784)	23/10	Su	10:00-18:00	Cheung Chau Pak Tai Temple PG	14+	60	8	29/8	👤
<b>IsD Mini Soccer Competition - Lamma South</b>									
40636704 (IS1288)	9/10	Su	10:00-18:00	Sok Kwu Wan PG	14+	60	8	29/8	👤
<b>IsD Mini-soccer Comp (Junior Division)</b>									
40636738 (IS0333)	15/10-22/10	Sa	9:00-18:00	Tung Chung Man Tung RD. Park	6-12	60	8	29/8	🖨️

**IsD Mini-soccer Comp (Youth Division)**

40636743 (IS0338)	15/10-22/10	Sa	9:00-18:00	Tung Chung Man Tung RD. Park	13-15	60	8	29/8	
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**Breaking Fun Day**

40636707 (IS1290)	22/10	Sa	14:30-16:00	Tung Chung Man Tung RD. SC	6-18	Free	20	22/9	
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<b>Activities for Elderly Programme Number (Class code)</b> <small>(For aged 60 or above, free of charge)</small>	<b>Date</b>	<b>Day</b>	<b>Time</b>	<b>Venue</b>	<b>Quota</b>	<b>Date of Enrollment</b> <small>(Balloting) (Open Enrollment for Remaining Quota)</small>	<b>Enrolment Method</b>
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**Swimming TC for Elderly (Level I)**

40636876 (IS0576)	10/10-31/10	M,W,F	7:00-8:00	Tung Chung SP (Training Pool)	16	25/8-31/8 (7/9) {29/9}	
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**Swimming TC for Elderly (Level II)**

40636878 (IS0577)	10/10-31/10	M,W,F	10:00-11:00	Tung Chung SP (Training Pool)	20	25/8-31/8 (7/9) {29/9}	
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**Fitness Exercise TC for Elderly**

40636741 (IS0336)	15/10-1/12	Th,Sa	8:00-9:00	Peng Chau SC	30	15/9	
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**Mt Pts for Elderly - Tai Chi**

40636726 (IS0328)	6/10-27/10	Th	9:30-10:30	Mui Wo SC	90	6/10-27/10	Walk-in
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**HES - Table-tennis Play-in**

40636740 (IS0335)	11/10-25/10	Tu	9:00-11:00	Peng Chau SC	16	11/10-25/10	Walk-in
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**HES - Table-tennis for Elderly**

40636712 (IS1593)	5/10-26/10	W	10:00-11:00	Tung Chung Man Tung RD. SC	16	5/9	
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40636713 (IS1594)	5/10-26/10	W	11:00-12:00	Tung Chung Man Tung RD. SC	16	5/9	
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**Table-tennis Fun Day for Elderly**

40629116 (IS0486)	11/10	Tu	14:00-15:00	Peng Chau SC	24	11/9	
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40629117 (IS0487)	11/10	Tu	15:00-16:00	Peng Chau SC	24	11/9	
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40629118 (IS0488)	11/10	Tu	16:00-17:00	Peng Chau SC	24	11/9	
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**Mt. Pts for Elderly - Gateball**

40636692 (IS1167)	25/10-22/11	Tu	9:00-11:00	Cheung Chau SC	50	25/10-22/11	Walk-in
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