

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Nov 2022**

Yau Tsim Mong District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment	Enrolment Method
								(Balloting) (Open Enrollment for Remaining Quota)	
Breaststroke TC for Adult (Level I)									
40643467 (YM0760)	1/11-1/12	Tu,Th	14:00-15:00	Tai Kok Tsui SP	18+	100	16	23/9-27/9 (7/10) {26/10}	✉
Front Crawl TC for Adult (Level I)									
40643399 (YM0710)	1/11-2/12	Tu,F	7:00-8:00	Kowloon Park SP (Training Pool)	18+	100	16	23/9-27/9 (7/10) {26/10}	✉
Front Crawl TC for Adult (Level I)									
40643479 (YM0771)	1/11-1/12	Tu,Th	15:00-16:00	Tai Kok Tsui SP	18+	100	16	23/9-27/9 (7/10) {26/10}	✉
Breaststroke TC for Adult (Level II)									
40643395 (YM0706)	1/11-22/11	Tu,Th,F	19:00-20:00	Kowloon Park SP (Training Pool)	18+	100	20	23/9-27/9 (7/10) {26/10}	✉
Front Crawl TC for Adult (Level II)									
40643401 (YM0711)	1/11-22/11	Tu,Th,F	20:00-21:00	Kowloon Park SP (Training Pool)	18+	100	20	23/9-27/9 (7/10) {26/10}	✉
Breaststroke TC for Adult (Level III)									
40643381 (YM0697)	16/11-19/12	M,W	20:00-21:00	Kowloon Park SP (Main Pool)	18+	100	20	23/9-27/9 (7/10) {26/10}	✉
Front Crawl TC for Adult (Level III)									
40643385 (YM0700)	16/11-19/12	M,W	21:00-22:00	Kowloon Park SP (Main Pool)	18+	100	20	23/9-27/9 (7/10) {26/10}	✉
Aerobic Dance Training Course									
40643460 (YM0754)	4/11-14/12	W,F	7:00-8:00	Fa Yuen ST. SC	14+	65	30	23/9-27/9 (7/10) {26/10}	✉
40643461 (YM0755)	4/11-14/12	W,F	8:00-9:00	Fa Yuen ST. SC	14+	65	30	23/9-27/9 (7/10) {26/10}	✉
40643463 (YM0756)	4/11-14/12	W,F	9:00-10:00	Fa Yuen ST. SC	14+	65	30	23/9-27/9 (7/10) {26/10}	✉
40643464 (YM0757)	4/11-14/12	W,F	15:00-16:00	Fa Yuen ST. SC	14+	65	30	23/9-27/9 (7/10) {26/10}	✉
40643465 (YM0758)	4/11-14/12	W,F	16:00-17:00	Fa Yuen ST. SC	14+	65	30	23/9-27/9 (7/10) {26/10}	✉
Fitness (Multi-gym) Training Course									
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>									
40643414 (YM0717)	2/11-9/12	W,F	8:00-9:00	Fa Yuen ST. SC	15+	75	30	@3/10	📄 i
40643415 (YM0718)	2/11-9/12	W,F	9:00-10:00	Fa Yuen ST. SC	15+	75	30	@3/10	📄 i
40643417 (YM0719)	2/11-9/12	W,F	12:00-13:00	Fa Yuen ST. SC	15+	75	30	@3/10	📄 i
40643418 (YM0720)	2/11-9/12	W,F	13:00-14:00	Fa Yuen ST. SC	15+	75	30	@3/10	📄 i
40643420 (YM0721)	2/11-9/12	W,F	15:00-16:00	Fa Yuen ST. SC	15+	75	30	@3/10	📄 i
40643421 (YM0722)	10/11-20/12	Tu,Th	8:00-9:00	Fa Yuen ST. SC	15+	75	30	@10/10	📄 i
40643422 (YM0723)	10/11-20/12	Tu,Th	9:00-10:00	Fa Yuen ST. SC	15+	75	30	@10/10	📄 i
40643423 (YM0724)	10/11-20/12	Tu,Th	18:00-19:00	Fa Yuen ST. SC	15+	75	30	@10/10	📄 i
40643424 (YM0725)	10/11-20/12	Tu,Th	19:00-20:00	Fa Yuen ST. SC	15+	75	30	@10/10	📄 i
40643425 (YM0726)	10/11-20/12	Tu,Th	20:00-21:00	Fa Yuen ST. SC	15+	75	30	@10/10	📄 i
40643426 (YM0727)	10/11-20/12	Tu,Th	21:00-22:00	Fa Yuen ST. SC	15+	75	30	@10/10	📄 i
40643473 (YM0766)	2/11-9/12	W,F	17:00-18:00	Tai Kok Tsui SC	15+	75	30	@5/10	📄 i
40643474 (YM0767)	2/11-9/12	W,F	18:00-19:00	Tai Kok Tsui SC	15+	75	30	@5/10	📄 i
40643475 (YM0768)	2/11-9/12	W,F	19:00-20:00	Tai Kok Tsui SC	15+	75	30	@5/10	📄 i
40643477 (YM0769)	2/11-9/12	W,F	20:00-21:00	Tai Kok Tsui SC	15+	75	30	@5/10	📄 i
Hydro Fitness Training Course									
40643450 (YM0747)	1/11-1/12	Tu,Th,F	18:00-19:00	Kowloon Park SP (Training Pool)	14+	80	15	23/9-27/9 (7/10) {26/10}	✉
40643451 (YM0748)	1/11-1/12	Tu,Th,F	19:00-20:00	Kowloon Park SP (Training Pool)	14+	80	15	23/9-27/9 (7/10) {26/10}	✉
40643452 (YM0749)	1/11-1/12	Tu,Th,F	20:00-21:00	Kowloon Park SP (Training Pool)	14+	80	15	23/9-27/9 (7/10) {26/10}	✉
40643453 (YM0750)	3/11-17/12	Th,Sa	10:00-11:00	Kowloon Park SP (Training Pool)	14+	80	15	23/9-27/9 (7/10) {26/10}	✉
40643454 (YM0751)	3/11-17/12	Th,Sa	11:00-12:00	Kowloon Park SP (Training Pool)	14+	80	15	23/9-27/9 (7/10) {26/10}	✉
Jazz Training Course									
40643409 (YM0715)	14/11-14/12	M,W	20:00-22:00	Fa Yuen ST. SC Dance Rm	12+	70	30	23/9-27/9 (7/10) {26/10}	✉
Social Dance Training Course									
40643456 (YM0752)	18/11-20/12	Tu,F	20:00-22:00	Fa Yuen ST. SC(Dance Room)	14+	86	30	23/9-27/9 (7/10) {26/10}	✉

40643457 (YM0753)	17/11-20/12	Tu,Th	10:00-12:00	Fa Yuen ST. SC10/F Act Rm2	14+	86	30	23/9-27/9 (7/10) {26/10}	✉
Tai Chi Made Easy Class									
40645063 (YM0903)	2/11-28/11	M,W,F	8:00-9:00	King's Park Hockey Ground	6+	54	30	11/10	📄 i
40645064 (YM0904)	1/11-26/11	Tu,Th,Sa	7:30-8:30	King's Park Hockey Ground	6+	54	30	10/10	📄 i
Briefing on Proper Ways to Use Fitness Equipment									
40643413 (YM0716)	4/11	F	19:00-22:00	Fa Yuen ST. SC	15+	Free	25	23/9-27/9 (7/10) {26/10}	✉
40643468 (YM0761)	6/11	Su	10:00-13:00	Tai Kok Tsui SC	15+	Free	25	23/9-27/9 (7/10) {26/10}	✉
40643469 (YM0762)	12/11	Sa	9:00-12:00	Tai Kok Tsui SC	15+	Free	25	23/9-27/9 (7/10) {26/10}	✉
40643470 (YM0763)	15/11	Tu	9:00-12:00	Tai Kok Tsui SC	15+	Free	25	23/9-27/9 (7/10) {26/10}	✉
Stress Management and Physical Relaxation TC									
40643441 (YM0740)	26/11-18/3 (excl. 24/12,31/12,21/1)	Sa	13:00-14:00	Fa Yuen ST. SC	14+	80	30	23/9-27/9 (7/10) {26/10}	✉
40643442 (YM0741)	26/11-18/3 (excl. 24/12,31/12,21/1)	Sa	14:00-15:00	Fa Yuen ST. SC	14+	80	30	23/9-27/9 (7/10) {26/10}	✉
Parent-child(Aged 7-17)Badminton TC									
40643481 (YM0773)	12/11-17/12	Sa	16:00-18:00	Tai Kok Tsui SC	7+	73	16	23/9-27/9 (7/10) {26/10}	✉
Badminton Training Course									
40643407 (YM0714)	10/11-13/12	Tu,Th	7:00-9:00	Fa Yuen ST. SC	7+	118	12	23/9-27/9 (7/10) {26/10}	✉
40643466 (YM0759)	16/11-16/12	W,F	19:00-21:00	Tai Kok Tsui SC (7/F Arena)	7+	118	16	23/9-27/9 (7/10) {26/10}	✉
Tennis Training Course									
40643444 (YM0742)	1/11-2/12	Tu,F	15:00-17:00	King's Park RG TC	8+	170	12	23/9-27/9 (7/10) {26/10}	✉
40643445 (YM0743)	22/11-22/12	Tu,Th	19:00-21:00	King's Park RG TC	8+	170	12	23/9-27/9 (7/10) {26/10}	✉
40643447 (YM0744)	23/11-23/12	W,F	9:00-11:00	King's Park RG TC	8+	170	12	23/9-27/9 (7/10) {26/10}	✉
Contract Bridge TC -Stage I									
40643448 (YM0745)	6/11-27/11	Su	15:15-17:45	Fa Yuen ST. SC (12/F Act. Rm. 3)	11+	100	24	6/10	📄 i
*YTM Dist Basketball Comp.-- (Female)									
40643605 (QYM0811)	13/11-20/11	Su	8:00-18:00	Tai Kok Tsui SC	12+	60	8	13/9-22/9 (29/9) {19/10}	✉
*YTM Dist Basketball Comp.-- (Male Adult)									
40643603 (QYM0809)	13/11-20/11	Su	8:00-18:00	Tai Kok Tsui SC	18+	60	8	13/9-22/9 (29/9) {19/10}	✉
*YTM Dist. Basketball Comp -- (Male Youth)									
40643604 (QYM0810)	13/11-20/11	Su	8:00-18:00	Tai Kok Tsui SC	12-17	60	8	13/9-22/9 (29/9) {19/10}	✉
*YTM Dist. 7-a-side Soccer Comp for Male									
40642787 (QYM0688)	6/11-20/11	Su	9:00-18:00	Macpherson PG(Mini-Soccer Pitch)	14+	60	16	5/9-16/9 (23/9) {12/10}	✉
Community Garden Programme									
40645022 (YM0896)	19/11-25/3	M,Tu,W,Th,F,Sa,Su	8:00-18:00	Man Cheong ST. Park Community Garden	12+	400	11	23/9-27/9 (7/10) {26/10}	✉
40645024 (YM0897)	19/11-25/3	M,Tu,W,Th,F,Sa,Su	8:00-18:00	Man Cheong ST. Park Community Garden	12+	400	11	23/9-27/9 (7/10) {26/10}	✉
40645025 (YM0898)	20/11-26/3	M,Tu,W,Th,F,Sa,Su	8:00-18:00	Man Cheong ST. Park Community Garden	12+	400	12	23/9-27/9 (7/10) {26/10}	✉
40645027 (YM0899)	20/11-26/3	M,Tu,W,Th,F,Sa,Su	8:00-18:00	Man Cheong ST. Park Community Garden	12+	400	12	23/9-27/9 (7/10) {26/10}	✉

Activities for Persons with Disabilities Programme Number (Class code) (free of charge)	Date	Day	Time	Venue	Age Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)

Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows: In view of the latest situation of COVID-19, to better control the number of participants, accompanying carers who wish to participate with persons with disabilities (PWDs) in any recreation and sports programmes designated for PWDs are required to enrol in the programmes. This will remain until further notice.

Hydro Fitness TS for CDS

40645055 (YM0900)	25/11-13/1	F	10:00-11:00	Kowloon Park SP (Training Pool)	18+	3	3/10	📄 i
40645057 (YM0901)	25/11-13/1	F	11:00-12:00	Kowloon Park SP (Training Pool)	18+	3	3/10	📄 i

Basketball TS for Exmentally III Persons

40645062 (YM0902)	2/11-23/11	W	14:00-16:00	Tai Kok Tsui SC(Arena,7/F)	18+	3	3/10	📄 i
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Activities for Elderly Programme Number (Class code) (For aged 60 or above, free of charge)	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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Swimming TC for Elderly (Level I)

40643387 (YM0701)	1/11-2/12	Tu,F	8:00-9:00	Kowloon Park SP (Training)	16	23/9-27/9 (7/10) {26/10}	✉
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Swimming TC for Elderly (Level II)

40643388 (YM0702)	1/11-2/12	Tu,F	9:00-10:00	Kowloon Park SP (Training)	20	23/9-27/9 (7/10) {26/10}	✉
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Mt Pts for Elderly - Baduanjin

40643439 (YM0738)	2/11-30/11 (excl. 7/11,21/11)	M,W,F	7:00-9:00	Fa Yuen ST. SC	30	2/11-30/11	Walk-in
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Mt Pts for Elderly - Fitness Exercise

40643440 (YM0739)	1/11-29/11	Tu,Th	14:00-15:00	Fa Yuen ST. SC	30	1/11-29/11	Walk-in
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Fitness(Multi-Gym) TC for Elderly

@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.

Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.

For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.

For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.

40643433 (YM0734)	2/11-9/12	W,F	14:00-15:00	Fa Yuen ST. SC	30	@23/9-27/9 (7/10){26/10}	✉
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40643435 (YM0735)	10/11-20/12	Tu,Th	10:00-11:00	Fa Yuen ST. SC	30	@23/9-27/9 (7/10){26/10}	✉
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Mt Pts for Elderly - Badminton Play-in

40643480 (YM0772)	1/11-29/11	Tu,Th	8:00-10:00	Tai Kok Tsui SC	24	1/11-29/11	Walk-in
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