

**Organised by the Handball Association of Hong Kong, China (HAHKC)**  
**Subvented by the Leisure and Cultural Services Department (LCSD)**  
**Co-organised by the Education Bureau**  
**School Sports Programme – Handball**  
**Prospectus**

| Key Information                        | Type of Activity  | Sport Demonstration  | Easy Sport Programme  | Outreach Coaching Programme  |                      |
|--|---|--|---|--|----------------------|
|  |   |  |   | Non-School Team Training   | School Team Training |
| Target Participants                    | Primary and secondary school students   | Primary school students  | Primary 4 or above and secondary school students  |  |                      |
| Outline                                | Rules of handball and its basic techniques, demonstration and play-in session   | Easy and basic handball techniques such as passing and catching, shooting, movement with pass or shoot, game rules, etc.   | Progressive easy handball techniques such as passing and catching, shooting, movement with pass or shoot, game rules, tactics, etc. | <p>Basic training is reinforced and students' skill level is raised through progressive training. Training also covers game rules, tactics and team training.</p> <p>Each school may apply for continuous training for its school team of a maximum of 20 students. The list of school team members must be submitted to the LCSD at the beginning of the academic term. Coaches will assess their skills regularly.</p> |                      |
| Venue                                  | Handball court or basketball court  |  |   |  |                      |
| Fee                                    | \$600 per session (\$430 for each extended session on the same day)   | \$1,800 per course   | \$2,100 per course  | \$2,700 per course   |                      |
| Equipment to be provided by the school | 5-10 handballs (size 1), 20 traffic cones or wooden bottles, 10 hula hoops (about 18 inches in diameter), wireless microphones and loudspeakers | 5-10 handballs (size 1 for primary school; size 2 and size 3 for secondary school), 8-10 traffic cones, 10 vests or ribbons marked with numbers, handball goal posts or mats |   |  |                      |
| Duration                               | 2 hours per session   | 8 lessons per course, 2 hours per lesson (16 hours in total)   |   |  |                      |

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|--|---|---|---|---|----------------------|
|  |   |   |   | Non-School Team Training                                      | School Team Training |
| Estimated No. of Participants per Session/Course |   | 70  |   | 20  |                      |
| Proposed Time of Activity                        |   | Monday to Friday:<br>1 pm to 6 pm<br>Saturday:<br>10 am to 1 pm | Monday to Friday: 1 pm to 6 pm<br>Saturday: 10 am to 1 pm | Monday to Friday:<br>After 3:30 pm<br>Saturday:<br>After 9 am |                      |
| Enrolment Form                                   |   | Sport Demonstration Enrolment Form (P.185-186)                  | Easy Sport Programme Enrolment Form (P.200)               | Outreach Coaching Programme Enrolment Form (P.203-204)        |                      |
| How to Enrol                                     | <p>1. Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: <a href="mailto:applicationssp@lcsd.gov.hk">applicationssp@lcsd.gov.hk</a>. For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide.</p> <p>2. For training courses under the Outreach Coaching Programme, please specify in the application whether the course is intended for a school team or non-school team.</p>   |   |   |   |                      |
| Points to Note                                   | <ol style="list-style-type: none"> <li>1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities.</li> <li>2. Participants should wear proper sportswear and sports shoes.</li> <li>3. All courses intended for the first academic term must be completed before the start of the second academic term, while those intended for the second term must be completed before the summer vacation.</li> <li>4. Handball is available under the Sport Captain Programme. Please refer to the respective prospectus for details. (P.184)</li> <li>5. Priority will be given to schools which have participated in the handball training under the Easy Sport Programme between September 2022 and December 2023 to take part in the “Easy Sport Competition – Handball Competition” under the School Sports Programme in 2024. Details will be announced later.</li> <li>6. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, the NSA will deduct from the fee for each activity an administrative fee (\$194 per Sport Demonstration; \$388 per training course under the Easy Sport Programme or Outreach Coaching Programme) and refund the balance to the school.</li> <li>7. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded.</li> <li>8. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.</li> </ol> |   |   |   |                      |
| Enquiries Phone No./Website                      | 2601 7602 / <a href="http://www.lcsd.gov.hk/en/ssp/index.html">http://www.lcsd.gov.hk/en/ssp/index.html</a>   |   |   |   |                      |