

Organised by the Basketball Association of Hong Kong, China (BAHKC)
Subvented by the Leisure and Cultural Services Department (LCSD)
Co-organised by the Education Bureau
School Sports Programme – Basketball
Prospectus

| Type of Activity Key Information | Sport Demonstration | Sport Demonstration | Easy Sport Programme | Outreach Coaching Programme | | Joint Schools Sports Training Programme |
|---|---|--|---|---|--|--|
| | | 3-on-3 Basketball | | Non-School Team Training | School Team Training | Basketball Specific Positions Training Course |
| Target Participants | Primary and secondary school students | | Primary school students | Primary and secondary school students | | Primary and secondary school students recommended by school: – Primary sections (aged 10 or above or date of birth after 2014) – Secondary sections |
| Outline | <p>The content covers: Skill demonstration, individual skill, defence, slam dunk demonstration, free throw, friendly match and experience sharing among players.</p> <p>A match may be arranged for the students of secondary school and the demonstrators.</p> | <p>The content covers: Introduction of 3-on-3 basketball rules; demonstration of the skills and tactical positioning; organisation of friendly matches and experience sharing sessions.</p> <p>For secondary schools, 3-on-3 basketball matches between members of school teams and coaches may be arranged.</p> | <p>Training covers: Passing, dribbling, shooting, attack and defence, lay-up shot and game rules.</p> | <p>Training covers: Passing, dribbling, shooting, attack and defence, lay-up shot, game rules and team tactics.</p> <p>Schools may select potential students through this programme for further training and set-up school teams.</p> | <p>Training covers: Enhancement of skill and team tactics, the standard of the basketball sport among schools can be raised.</p> | <p>Training covers: Specific position training on guard, forward and center. Each of the specific training also covers training on tactics for specific positions.</p> |

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| Venue | 1 basketball court | | 1 to 2 basketball courts | | Training venue to be arranged by the LCSD. Please refer to the respective prospectus for details. | | |
| Fee | \$645 per session | \$840 per session | \$950 per course | \$2,240 per course | \$2,820 per course | \$210 per person | |
| Equipment to be provided by the school | 15 basketballs, 12 vests marked with numbers, 20 traffic cones and broadcasting equipment or loudspeaker | | 15 basketballs (size 5), 12 vests marked with numbers and 20 traffic cones | 15 basketballs, 12 vests marked with numbers and 20 traffic cones | | Not applicable | |
| Duration | 2 hours per session | | 4 lessons per course, 2 hours per lesson (8 hours in total) | 12 lessons per course, 1.5 hours per lesson or 9 lessons per course, 2 hours per lesson (18 hours in total) | | 6 lessons per course, 3 hours per lesson (18 hours in total) | |
| Estimated No. of Participants per Session/Course | 120 | | 20 (Maximum of 30 per course) (If there are 21 to 30 students, school should assign a teacher to assist during the activity. Provision of 2 basketball courts is more desirable.) | | 32 | | |
| Proposed Time of Activity | Monday to Saturday: 9 am to 6 pm | | | | | Please refer to the respective prospectus. | |
| Skill Assessment | Not applicable | | Badge Award Scheme (see Points to Note 4) | Not applicable | | | |

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| Enrolment Form | Sport Demonstration Enrolment Form (P.185-186) | | Easy Sport Programme Enrolment Form (P.200) | Outreach Coaching Programme Enrolment Form (P. 203-204) | | Joint Schools Basketball Specific Training Programme Enrolment Form (Please refer to the respective prospectus.) |
| How to Enrol | <ol style="list-style-type: none"> 1. Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: applicationssp@lcsd.gov.hk. For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide. 2. For training courses under the Outreach Coaching Programme, please specify in the application whether the course is intended for a school team or non-school team. | | | | | The respective prospectus will be sent to schools by the LCSd in due course. |
| Points to Note | <ol style="list-style-type: none"> 1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities. 2. Participants should wear proper sportswear and sports shoes. 3. Basketball is available under the Sport Captain Programme. Please refer to the respective prospectus for details (P.184). 4. Upon completion of basketball training under the Easy Sport Programme, an assessment will be conducted by the coach according to Gold, Silver and Bronze badges standards of basketball. Participants who meet the required standard may obtain the badges and certificates according to their achieved levels from LCSd free of charge. For details, please visit https://www.lcsd.gov.hk/en/ssp/badges.html. 5. Priority will be given to schools which have participated in the basketball training under the Easy Sport Programme between September 2023 and December 2024 to take part in the “Easy Sport Competition – 3 on 3 Basketball Competition” under the School Sports Programme in March 2025. Details will be announced later. 6. Priority will be given to primary schools which have participated in the basketball training course under the Outreach Coaching Programme between September 2023 and August 2024 may take part in the “Outreach Coaching Basketball Competition for Primary Schools” under the School Sports Programme in November 2024. Details will be announced later. 7. Priority will be given to secondary schools which have participated in the basketball training course under the Outreach Coaching Programme between September 2023 and December 2024 may take part in the “Outreach Coaching Basketball Competition for Secondary Schools” under the School Sports Programme between February and March 2025. Details will be announced later. 8. Priority will be given to schools which have participated in the basketball training under the Outreach Coaching Programme between September 2023 and August 2024 to take part in the “Outreach Coaching Basketball Competition – 3 on 3 Basketball | | | | | |

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| | <p>Competition” under the School Sports Programme between January and February 2025. Details will be announced later.</p> <p>9. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, NSA will deduct from the fee for each activity an administrative fee (\$204 per Sport Demonstration; \$408 per training course under the Easy Sport Programme or Outreach Coaching Programme) and refund the balance to the school.</p> <p>10. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded.</p> <p>11. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.</p> | | | | | |
| Enquiry Phone No./ Website | 2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html | | | | | |