

Organized by the Leisure and Cultural Services Department (LCSD)
School Sports Programme — Sport Captain Programme 2024/25

Prospectus

Objective : To provide training on both sport administration and event organisation for secondary students, parents and teachers alike, which will equip them to help schools organise sport activities and competitions.

Outline : The programme offers the following two training courses for schools to choose from:

Course Description											Fee (per person)
Sports Activity Planning Course	The course content includes i) how to select, plan and organise recreation and sports activities suitable for persons of all age and varying abilities; ii) how to be a sport leader; and iii) how to conduct fitness tests										\$80 (per person)
Sport Duration Course (hour)	Track and Field	Badminton	Basketball	Dragon Boat	Handball	Fencing	Football	Table Tennis	Tenpin Bowling	Volleyball	\$80 (per person per sport)
	Introduction to Sport Refereeing	The course mainly introduces the game rules and refereeing skills for individual sports									
	15	12	27.5	-	-	-	12	-	-	20	
Introduction to Sport Coaching	The course covers the coaching techniques for individual sports										
	-	21	16	8	16	20	18	20	12	20	

Eligibility : Secondary students, teachers and parents recommended by schools

Date : Training courses will be held between July and August every year (“Introduction to Sport Refereeing - Track and Field” will be held in September)

Fee : \$80 per person per course/sport (half rate for full-time students)
 (If there is any adjustment in the class fee, participants will need to make up for the difference.)

Attendance Certificate Application : Participants who have an attendance rate of 80% or above will be awarded a certificate of attendance

Application : School interested in taking part in the Programme should complete and return the Application Form (Enclosure 3) by facsimile to School Sports Programme Unit, LCSD on or before 5 June, 2024(Wed) (Fax no.: 2684 9076)

Enquiry Phone No./Website : 2601 8861 / 2601 7612
https://www.lcsd.gov.hk/en/ssp/sport_captain/captain_intro.html

By-law : The Organiser will carry out photo shoots/video-filming/arrange broadcasting during the competitions, and has the right to display/publish the event photos or videos on the internet, at venues of the Leisure and Cultural Services Department, on the dedicated website, in publications of the Organiser and through other publicity channels, for promotion of activities or record purposes.

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Course Timetable

Sport	Course	Date	Time	Venue	Quota	Deadline for	Fee /Note	Cheque payable
Sports Activity Planning	Sports Activity Planning Course (SCP/LCSD/24/0001)	14/7/2024(Sun)	9am - 6pm	Fu Shin Sports Centre	50		\$80	
Track and Field	Introduction of Sport Refereeing (Theory) (Note 2) SCP/AA/24/0001	7/9/2024 (Sat)	9am - 5pm	Hong Kong Velodrome (Activity room 3)	50		\$80	
	Introduction of Sport Refereeing (Practice) (Note 2) SCP/AA/24/0001	14/9/2024 (Sat)	8am - 5pm	Tseung Kwan O Sports Ground				
Badminton	Basics of Sport Coaching (SCP/BA/24/0001)	2/8/2024(Fri)	9am - 5pm	Hang Hau Sports Centre	36		\$80	
		9/8/2024(Fri)	9am - 5pm					
		16/8/2024(Fri)	9am - 5pm					
	Introduction of Sport Refereeing (SCP/BA/24/0002)	8/8/2024(Thu)	9am - 1pm	Tung Cheong Street Sports Centre	32		\$80	
		9/8/2024(Fri)	9am - 6pm					
Basketball	Introduction of Sport Coaching (SCP/BK/24/0001)	6/8/2024 (Tue)	2pm - 6pm	Choi Hung Road Sports Centre	60		\$80	
		13/8/2024 (Tue)						
		20/8/2024 (Tue)						
		27/8/2024 (Tue)						
	Introduction of Sport Refereeing (Theory) (Note 3)	25/7/2024 (Thu)	9:30 am - 6pm	Choi Hung Road Sports Centre (Activity room 1)	50			
	Introduction of Sport Refereeing (Theory) (Note 3)	26/7/2024 (Fri)	9:30 am - 6pm	Choi Hung Road Sports Centre (Activity room 2)	50			
	Introduction of Sport Refereeing (Practice) (Note 3) (SCP/BK/24/0004)	6/8/2024 (Tue)	9am - 1pm	Choi Hung Road Sports Centre	50		\$80	
		13/8/2024 (Tue)						
		20/8/2024 (Tue)						
		22/8/2024 (Thu)						
27/8/2024 (Tue)								
Introduction of Sport Refereeing (Practice) (Note 3) (SCP/BK/24/0005)	7/8/2024 (Wed)	9am - 1pm	Shun Lee Tsuen Sports Centre	50		\$80		
	9/8/2024 (Fri)							
	14/8/2024 (Wed)							
	16/8/2024 (Fri)							
		23/8/2024 (Fri)						
Dragon Boat	Introduction of Sport Coaching (Note 4) (SCP/DB/24/0001)	5/8/2024 (Mon)	9 am - 5pm	Hong Kong China Dragon Boat Association Shek Mun Training Centre	10		\$80	
Handball	Introduction of Sport Coaching (SCP/HA/24/0001)	1/8/2024 (Thu)	9am - 1pm	Yuen Wo Road Sports Centre	20		\$80	
		8/8/2024 (Thu)						
		15/8/2024 (Thu)						
		22/8/2024 (Thu)						
Fencing	Introduction of Sport Coaching (SCP/AF/24/0001)	22/7/2024 (Mon)	9am - 1pm	Shek Kip Mei Park Sports Centre(Dance room)	20		\$80	
		24/7/2024 (Wed)						
		26/7/2024 (Fri)						
		29/7/2024 (Mon)						
		31/7/2024 (Wed)						
Football	Introduction of Sport Refereeing (SCP/FA/24/0001)	5/8/2024 (Mon)	9am - 4:30pm	Shun Lee Tsuen Sports Centre (Meeting Room)(Theory)	30		\$80	
	Introduction of Sport Coaching (SCP/FA/24/0002)	6/8/2024 (Tue)	9am - 4:30pm	Shun Lee Tsuen Park ((Artificial Turf Pitches)(Practice)	30		\$80	
Table Tennis	Introduction of Sport Coaching (SCP/TT/24/0001)	7/8/2024 (Wed)	10am - 2pm	Cornwall Street Squash and Table Tennis Centre	20		\$80	
		5/8/2024 (Mon)						
		6/8/2024 (Tue)						
		7/8/2024 (Wed)						
		8/8/2024 (Thu)						
Tenpin Bowling	Introduction of Sport Coaching (SCP/BL/24/0001)	9/8/2023 (Fri)	2:30pm-5:30pm	Sha Tin Belair Bowling Centre	24		\$80	
		9/8/2024 (Fri)						
		16/8/2024 (Fri)						
		23/8/2024 (Fri)						
		30/8/2024 (Fri)						

The Government of the Hong Kong Special Administrative Region

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Sport	Course	Date	Time	Venue	Quota	Deadline for	Fee (Note)	Cheque payable
Volleyball	Introduction of Sport Refereeing (SCP/VA/24/0001)	16/7/2024 (Tue)	9am - 6pm	Boundary Street Sports Centre No. 1	50		\$80	The Government of the Hong Kong Special Administrative Region
		18/7/2024 (Thu)	9am - 6pm					
		21/7/2024 (Sun)	9am - 1pm					
	Introduction of Sport Refereeing (SCP/VA/24/0002)	1/8/2024 (Thu)	9am - 6pm	Boundary Street Sports Centre No. 1	50		\$80	
		5/8/2024 (Mon)	9am - 6pm					
		8/8/2024 (Thu)	2pm - 6pm					
	Introduction of Sport Coaching (SCP/VA/24/0003)	17/7/2024 (Wed)	9am - 6pm	Boundary Street Sports Centre No. 1	50		\$80	
		19/7/2024 (Fri)	9am - 6pm					
		21/7/2024 (Sun)	9am - 1pm					

Note:

1. Full-time students are eligible for half-price concessionary rates.
2. Participants of Introduction to Sport Refereeing - Track and Field must attend both the Theoretical and Practical Sessions.
3. Participants of Introduction to Sport Refereeing - Basketball must attend both the Theoretical and Practical Sessions, and they can only attend the Practical Session after finishing the one-day Theoretical Session.
4. Participants of Basics of Sport Coaching - Dragon Boat must be aged 12 or above and be able to swim at least 50 metres with clothes on.
5. If there is any adjustment in the class fee, participants will need to make up for the difference.